

Press Release
FOR IMMEDIATE RELEASE

Media Contact Venetta Seals | rchcares@rchd.care 432-447-3551 ext. 2243

### Ji Yue Earns National Board Certification in Orthopedic Physical Therapy

Reeves Regional Health celebrates clinical excellence and a stronger future for local rehab care

PECOS, Texas (July 14, 2025) – Reeves Regional Health is proud to announce that Ji Yue, Physical Therapist, has officially earned his Clinical Board Certification in Orthopedic Physical Therapy—a prestigious distinction achieved by only about 7% of physical therapists in the United States.

This hard-earned credential requires months—and often years—of preparation. Candidates must complete advanced orthopedic training, sit for a rigorous 7-hour examination, and then wait three months for their results. The pressure is immense, but Yue passed with flying colors and is now board certified in orthopedic physical therapy.

"This is a huge milestone not only for Ji, but for our entire team," said Brenda McKinney, CEO of Reeves Regional Health. "His accomplishment reflects the high standard of care we strive to offer every patient. We're proud of the talent and dedication he brings to our community."

Yue's board certification comes at an exciting time for the organization as the hospital is starting to perform orthopedic procedures right here at home. With the recent addition of orthopedic procedures and of Yue's specialty credentials, Reeves Regional Health is building out a more robust physical therapy and rehabilitation program—providing local residents with greater access to advanced orthopedic care and personalized recovery support, all close to home.

#### More Than Treatment: A Team Focused on Prevention and Progress

Led by Dennis Ali, PT, DPT, Director of Physical Therapy, the department offers a range of personalized services. Patients come to Reeves Regional Health Physical Therapy for post-operative recovery, joint pain management, injury rehabilitation, and help with mobility or strength limitations due to chronic conditions.

"Our goal is to help people regain their movement and improve their quality of life," said Ali. "But we also focus on prevention—helping patients avoid re-injury and stay active long after their therapy is complete."

AliAli and his team often work with individuals recovering from sports injuries or accidents. He noted that many injuries could be prevented with proper warm-ups, good form, protective gear, and realistic expectations—especially for those who are just beginning a new fitness program.

"When it comes to reaching your goals, your secret weapon is consistency," he said. "You don't need **MORE** 



# Ji Yue Earns National Board Certification in Orthopedic Physical Therapy Page 2

hours a day. Even 20–30 minutes a few times a week can make a difference. Schedule your workouts like appointments, and they'll become part of your routine."

### **Physical Therapy That's Personal**

At Reeves Regional Health, every physical therapy program is customized. Licensed physical therapists collaborate with a patient's physician to build a plan tailored to their condition, goals, and comfort level. The team uses a variety of tools, exercises, and techniques to help each patient make steady, measurable progress.

"Our patients appreciate the personal touch," said McKinney. "They aren't just numbers to us—they're our neighbors, our coworkers, our community."

That personal care is evident in everything from the warm welcome at check-in to the encouragement patients receive during recovery. And according to Ali, the social aspect of therapy shouldn't be overlooked.

"Exercising with a partner—whether it's a therapist, a spouse, or a friend—makes it more enjoyable," he said. "It keeps you accountable and motivated."

#### From Recovery to Resilience

If someone experiences an injury—whether it's a minor sprain or chronic back pain—they're encouraged to seek professional care. Physical therapy is often a smart, non-invasive first step toward recovery.

"We've helped patients regain their strength after surgery, avoid long-term pain from sports injuries, and even return to work after accidents," said Ali. "Our department is built to meet the needs of all ages and stages of life."

Whether you're recovering from an injury, managing a chronic condition, or working to stay strong and active, Reeves Regional Health is here to support you. With a growing physical therapy program, a dedicated rehabilitation team, and now a nationally board-certified orthopedic specialist on staff, the future of rehab care in Pecos is looking stronger than ever.

If you see Ji Yue around town or at the clinic, be sure to offer your congratulations—he's earned it!

To learn more about physical therapy services at Reeves Regional Health, visit www.ReevesRegional.com or call 432-447-3551.

MORE



# Ji Yue Earns National Board Certification in Orthopedic Physical Therapy Page 3

#### **About Reeves Regional Health**

Reeves Regional Health (RRH), formally known as Reeves County Hospital District, provides healthcare services for Reeves County and neighboring West Texas communities. Founded in 1954, RRH, a Level IV Trauma Center, offers various medical services, including emergency care, diagnostic imaging, physical therapy, general surgery, a clinical laboratory, and more. RRH also operates Reeves Regional Home Health and Hospice, and Reeves Regional Rural Health Clinic. In November 2022, RRH began serving patients from a new \$115 million, 140,000-square-foot campus. For more information, please visit www.reevesregional.com.

###