



Press Release
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Food Services Department Critical to Daily Operations at Local Hospital

The nutrition department at Reeves Regional Health passionately prepares fresh, nourishing meals for both hospital patients and dedicated staff.

PECOS, Texas (Oct. 23, 2023) – While conversations about hospitals typically revolve around medical care, it's important to recognize that one of the most crucial departments in any healthcare facility is diet and nutrition.

At Reeves Regional Health (RRH), the nutrition services department provides sustenance and comfort to patients, their families, and hospital staff. It serves as a hub for nutritious meals, offering a convenient source of nourishment during long hours of patient care and hospital work.

"The importance of meals and nutrition in a hospital is paramount," says Brenda McKinney, CEO of RRH. "Nutrition is vital not only for aiding patients' recovery and boosting their immune systems but also for ensuring their overall well-being during their stay."

When RRH moved to its new facilities in November 2022, the transition was met with much fanfare from the community and hospital staff. RRH began serving patients from a new 140,000-square-foot medical campus nearly a year ago, replacing a 45-year-old hospital nearing the end of its usage.

Planning the new campus allowed local healthcare officials to reimagine local healthcare and design the facility from the ground up with programs and services essential for Reeves County residents today and for generations to come.

As with most departments at RRH, nutrition services experienced quite an upgrade when moving to the new hospital nearly one year ago.

The new commercial kitchen boasts state-of-the-art cooking equipment, offering chefs the tools to create culinary masterpieces. With ample space for meal preparation and a brighter environment, it's a recipe for increased efficiency and culinary innovation.

Menus are meticulously crafted by a registered dietitian, ensuring that each meal meets the highest nutritional standards. Their expert oversight guarantees that the meals provided are delicious and tailored to promote the well-being of those they serve.

MORE

Reeves Regional Health

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In keeping with the hospital's overall theme, the newly expanded dining space provides a more extensive, brighter, and more inviting environment for staff and guests. With significantly increased seating capacity, the new area enhances the dining experience for everyone, fostering a more comfortable and welcoming atmosphere.

While dining at the hospital is currently only limited to hospital patients and their loved ones, along with hospital staff, McKinney says that they are looking at programs that can provide affordable and healthy meals for the community.

"As we approach the first anniversary of being in our new home, I can honestly say that new facilities have made a dramatic difference in how we operate and the quality of services we provide our community," McKinney explains. "Plus, we've seen that our dining guests enjoy the new environment. When sitting down for a nutritious meal, having a bright, comfortable environment makes a big difference in your mood."

Since the opening of the new hospital nearly one year ago, RRH has served as an example of what rural hospitals can achieve when a community understands the need for investment in local infrastructure and healthcare services.

To learn more about local healthcare programs and services, please visit www.reevesregional.com.

About Reeves Regional Health

Reeves Regional Health (RRH), formally known as Reeves County Hospital District, provides healthcare services for Reeves County and neighboring West Texas communities. Founded in 1954, RRH, a Level IV Trauma Center, offers various medical services, including emergency care, diagnostic imaging, physical therapy, general surgery, a clinical laboratory, and more. RRH also operates Reeves Regional Home Health and Hospice and Reeves Regional Rural Health Clinic. In November 2022, RRH began serving patients from a new \$115 million, 140,000-square-foot campus. For more information, please visit www.reevesregional.com.

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