



**Press Release
FOR IMMEDIATE RELEASE**

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Many Benefits to Having Elective Surgeries Performed in Pecos

Many common surgical procedures can be performed at the new Reeves Regional Health facility.

PECOS, Texas (Jan. 30, 2023) – The word surgery can strike fear in the bravest among us. Knowing where to go and whom to trust is essential with all the regional healthcare options available.

At Reeves Regional Health (RRH), a specialized medical and rehabilitation team stands ready to help you develop a plan making local healthcare a convenient choice over the hassle of traveling to other places for healthcare.

According to Carlene Lundy, BSN, RN, a surgical services nurse and interim director of perioperative services at RRH, choosing local healthcare for elective surgeries is an intelligent decision. She says the location of the hospital and the availability of post-surgical services often reduces stress on both the patient and their families.

"Choosing to have a procedure close to home has many benefits, including the fact it is within range for loved ones to visit easily," Ms. Lundy explains. "Our new facility boasts the best patient experience in West Texas and an outstanding waiting area for family and loved ones."

In November 2022, RRH began serving patients from a new 140,000-square-foot medical campus, replacing a nearly 45-year-old hospital nearing the end of its usage. The surgical center and related capabilities were critical when designing the new facility, resulting in the specialized department.

Boasting a much-needed larger space, the new surgical center integrates new equipment, larger surgical suites, and a comfortable family waiting area. Much, if not most, of the department's equipment is brand new, bringing enhanced capabilities with the new hospital.

Many procedures at RRH may be performed with endoscopes or laparoscopes, which enable the surgeon to see inside the body without making large incisions. The benefits of these techniques include shorter hospital stays and recovery times. For some procedures, open surgery may still be the best option.

Many common general procedures can be performed at RRH, including laparoscopic gallbladder

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surgeries, laparoscopic appendectomies, laparoscopy and open hernia repairs, soft tissue tumors, circumcision, vasectomy, endoscopy, colonoscopy along with other minor and major procedures.

According to Subhash Nagalla, MD, FACS, a general surgeon in Pecos, many patients delay having elective surgeries for various reasons. He says even the slightest delay could prolong pain and discomfort or cause additional physical harm.

Dr. Nagalla says it is best to follow your medical provider's recommendations when it comes to elective surgery.

Choosing the right facility is also essential when deciding to have surgery. Dr. Nagalla says convenience is why local patients should choose RRH. He explains traveling to larger cities for common procedures is not necessary. Dr. Nagalla, completed his general surgery residency in New York and his fellowship in minimally invasive surgery at Cleveland Clinic in Florida.

He has been in practice for over 14 years and in West Texas for over 10 years.

The anesthesia department at RRH has over 60 years combined anesthesia experience say Ms. Lundy. The Certified Registered Nurse Anesthesiologists (CRNAs) at RRH deliver the same safe, high-quality anesthesia care regardless of the type of procedure and the setting in which the anesthesia is delivered. "It is a privilege to be part of a profession so dedicated to advancing anesthesia patient safety and ensuring patients have access to surgical, obstetrical, and emergency care especially in Pecos and the surrounding area," offered James Papesca, DNP, APRN, CRNA, Chief of Anesthesia.

"We are very privileged to have a hospital here in Reeves County which offers an array of essential healthcare services," Dr. Nagalla, explains. "Most people tend to have some angst when it comes to surgery, which is completely normal. The key is having procedures performed by people you know and trust; which makes the entire process much easier."

Talk with your primary care physician about your choices for your surgical procedure. For more information about Reeves Regional Health and local healthcare capabilities, visit www.reevesregional.com.

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Reeves Regional Health

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About Reeves Regional Health

Reeves Regional Health (RRH), formally known as Reeves County Hospital District, provides healthcare services for Reeves County and neighboring West Texas communities. Founded in 1954, RRH, a Level IV Trauma Center, offers various medical services, including emergency care, diagnostic imaging, physical therapy, general surgery, a clinical laboratory, and more. RRH also operates Reeves Regional Home Health and Hospice, and Reeves Regional Rural Health Clinic. In November 2022, RRH began serving patients from a new \$115 million, 140,000-square-foot campus. For more information, please visit www.reevesregional.com.

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