

Press Release
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Prenatal Care Available Through Pecos Valley Rural Health Clinic

Safe and convenient care for growing families helps expectant mothers thrive.

PECOS, Texas (June 7, 2021) – When your family is about to get a little bigger, having prenatal care available in the local community is a convenience and a comfort. Pecos Valley Rural Health Clinic offers safe prenatal care, meaning growing families don't have to travel for the healthcare they need when they need it most.

"Don't delay the prenatal care you need to ensure a healthy pregnancy" said Dr. Steven Serrano, Family Practice with Obstetrics physician, at the Pecos Valley Rural Health Clinic., a service of Reeves County Hospital District (RCHD). "Our medical team offers safe and convenient care for your growing family right here in the local community."

According to the National Institute for Health, prenatal care can reduce the risk of pregnancy complications by ensuring that women are in good health throughout their pregnancy and by monitoring the growth and development of the child. In addition, providers can offer dietary guidance and provide resources to help women maintain their health throughout their pregnancy.

Women can find a variety of obstetrical services, including convenient prenatal care without the need to travel. Regular prenatal care helps ensure the health of both mother and child throughout pregnancy. Prenatal care can include physical screenings, blood work and imaging services such as ultrasounds.

Pecos Valley Rural Health Clinic offers obstetrics and gynecology services so that local women can find the healthcare services they need without traveling long distances.

Obstetricians specialize in pregnancy in childbirth, such as monitoring health and performing ultrasounds and exams. These physicians can assist women at every point during their pregnancies.

According to Dr. Serrano, Pecos Valley Rural Health Clinic and RCHD have taken steps to ensure pregnant women's safety during the COVID-19 pandemic.

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According to Dr. Serrano, regular visits to your primary care provider or Obstetricians are an important component of women's healthcare. Annual visits allow women to talk with their provider about important screenings and any potential health issues. They can also receive immunizations they may lack and screen for sexually transmitted infections, among other health risks.

"Having these services available in the local community helps women cut down on travel time," Dr. Serrano said. "It also ensures that women can get the care they need for a healthy pregnancy."

For more information, please call the Pecos Valley Rural Health Clinic at 432-447-0565. Discover more about local healthcare services at www.reevescountyhospital.com.

About Reeves County Hospital District

Reeves County Hospital District (RCHD) provides healthcare services for people in Reeves County and neighboring communities in West Texas. Founded in 1954, RCHD, a Level IV Trauma Center, offers a wide variety of medical services, including emergency care, diagnostic radiology, physical therapy, general surgery, a clinical laboratory and more. RCHD also operates American Home Health and Hospice and the Pecos Valley Rural Health Clinic, which offers family care, immunizations and other medical services. For more information, please visit www.reevescountyhospital.com.

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