



Reeves County
Hospital District

Press Release
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Tips for a Spooky and Safe Halloween

RCHD offers creative ways to enjoy the holiday while staying safe.

PECOS, Texas (Oct. 26, 2020) – The spookiest time of the year is upon us, and although the risk of COVID-19 means we can't enjoy some of the traditional events that come with the night of tricks and treats, it doesn't mean that we can't still have some fun.

For a night filled with fun and fright, Reeves County Hospital District is offering tips for a spooky and safe Halloween this year.

"Halloween is a chance for children and adults to dress up and cut loose," said Brenda McKinney, CEO of Reeves County Hospital District. "We all deserve a little fun this year, but taking a few steps to protect the health of you and your child is important."

Have fun at home – avoid large costume parties

According to state health officials, the number of new cases of COVID-19 remains high throughout Texas, and the numbers could spike as the weather begins to cool. Taking everyday steps to slow the spread can make a difference.

Although costume parties are often a staple of Halloween, everyone is urged to avoid large group gatherings to avoid the spread of the dangerous coronavirus. Instead, have a party at home with your family – or host a virtual costume party with friends over an online platform.

No trick-or-treating? Take a tip from the Easter Bunny

Trick-or-treating is not recommended this year due to the risk of contracting or spreading COVID-19. Instead, try a new creative activity to do at home. Organize a Halloween treats hunt in your backyard like you would an Easter egg hunt.

Rather than going door to door, children dressed in costume can search for treats at home, turning Halloween into a fun scavenger hunt with plenty of photo ops.

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Collect and distribute treats safely

If you do choose to trick-or-treat this year, take caution. Make sure everyone practices social distancing and wears a mask. Consider going for a costume walk to view others' costumes from afar and to show off yours rather than going to people's doorsteps. This helps minimize the risk of spreading COVID-19 while still allowing you and your family to enjoy spending time in the neighborhood.

Everyone is encouraged to wear a mask in public to prevent the spread of the disease. Fortunately, masks are a common component of a Halloween costume. Make one part of yours!

If you choose to distribute treats, consider leaving them outside rather than answering the door to give it out. Better yet, also leave a bottle of hand sanitizer with the bowl of treats so that children can sanitize their hands before taking a treat.

According to McKinney, the key thing to remember this year is that a few simple steps can help protect you and your family.

"Although changing Halloween plans may seem like an inconvenience, it is important to remember that this won't last forever," McKinney said. "If we take steps to ensure each other's safety this year, we can enjoy many fun Halloween evenings to come."

To learn more about local healthcare services or to find a provider, visit www.reevescountyhospital.com or call 432-447-3551 to schedule an appointment.

About Reeves County Hospital District

Reeves County Hospital District (RCHD) provides healthcare services for people in Reeves County and neighboring communities in West Texas. Founded in 1954, RCHD, a Level IV Trauma Center, offers a wide variety of medical services, including emergency care, diagnostic radiology, physical therapy, general surgery, a clinical laboratory and more. RCHD also operates American Home Health and Hospice and the Pecos Valley Rural Health Clinic, which offers family care, immunizations and other medical services. For more information, please visit www.reevescountyhospital.com.

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